



## Inspiring Change for a Sustainable Future Symposium

Saturday, October 22, 2022, 10:00 am – 5:00 pm

Toronto Botanical Garden, 777 Lawrence Avenue East, Toronto, ON

*Being sustainable just makes sense.*

*Sustainability can improve our health and well-being and help create a better future for us all.*

Sustainability matters, and that is why it is the focus of the Garden Club of Toronto's first public symposium "Inspiring Change for a Sustainable Future."

Our day-long symposium will explore four main themes: the interconnectedness of the web of life, the intrinsic value of nature, our role as guardians and stewards of the earth, and the health benefits of being connected to nature.

**Diana Beresford-Kroeger** is a world renowned author, medical biochemist, botanist and climate change visionary. As our keynote speaker, she will be joined by:

- **Carolyn King**, Order of Canada recipient and creator of the Moccasin Identifier Project
- **Isaac Crosby**, Afro-indigenous farmer
- **Sarah Winterton**, Carolinian Canada
- **Sundaura Alford-Purvis**, Society of Organic Urban Land Care

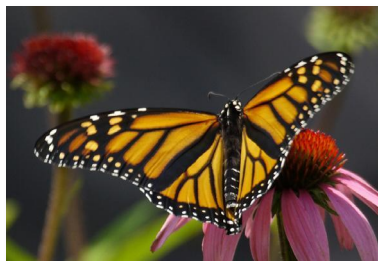
Other features of the day include an Art Show featuring creations by Garden Club of Toronto members and plenty of opportunity to network with speakers, panelists and community allies.

**Tickets are \$45 and include a box lunch.**

**For further information on this symposium and how to purchase tickets visit:**

<https://thegardencluboftoronto.ca>

We thank our sponsor for their generous support





## Inspiring Change for a Sustainable Future Symposium

Saturday, October 22, 2022, 10:00 am – 5:00 pm -

Toronto Botanical Garden, 777 Lawrence Avenue East, Toronto, ON

### Schedule of Events

Time	Activity
9:00 am - 10:00 am	<ul style="list-style-type: none"> <li>• Registration</li> <li>• Time to visit the art exhibit and community allies' table displays.</li> </ul>
10:00 am - 10:30 am	<ul style="list-style-type: none"> <li>• Opening Remarks</li> <li>• Welcome</li> <li>• Land Acknowledgement</li> </ul>
10:30 am - 12:00 pm	<ul style="list-style-type: none"> <li>• Keynote Speaker: Dr. Diana Beresford-Kroeger</li> <li>Presentation and Question and Answer Period</li> </ul>
12:00 pm - 1:00 pm	<ul style="list-style-type: none"> <li>• Lunch</li> <li>• Time to visit the art exhibit, community allies' table displays and gardens.</li> </ul>
1:00 pm - 2:15 pm	<ul style="list-style-type: none"> <li>• Panel Discussion #1: Gardening to Support the Biodiversity of Life and our role as Guardians of the Earth</li> </ul> <p>Isaac Crosby Sarah Winterton Dr. Sundaura Alford-Purvis</p>
2:15 pm - 3:00 pm	<ul style="list-style-type: none"> <li>• Break</li> <li>• Networking time</li> </ul>
3:00 pm - 4:30 pm	<ul style="list-style-type: none"> <li>• Panel Discussion #2: Health Benefits of Being Connected to Nature</li> </ul> <p>Carolyn King Dr. Diana Beresford-Kroeger</p>
4:30 pm - 5:00 pm	<ul style="list-style-type: none"> <li>• Time to visit the art exhibit, community allies' table displays and gardens.</li> </ul>

We thank our sponsor for their generous support



# Inspiring Change for a Sustainable Future Symposium

## Meet our speakers!



**Carolyn King** is a member of the Mississaugas of the Credit First Nation and the recipient of the Order of Canada. She is the creator of the Moccasin Identifier Project, a principal of cross-cultural education which continues to allow Ontarians to understand the significance of the historic and current Indigenous presence in the Greenbelt. In 2020, she received the Friend of the Greenbelt Award for her work in community engagement.



**Dr. Diana Beresford-Kroeger** is a world-recognized author, medical bio-chemist, botanist and climate change visionary. She possesses a unique understanding of modern western science and ancient Celtic knowledge and has been working to preserve the environment since the early 1960s. Her understanding of the ancient knowledge of trees has led her to unique scientific discoveries.



**Isaac Crosby** comes from a small Ontario farming community 30 minutes south of Windsor called Harrow. He is proud of his Ojibwa/Black Canadian heritage and looks forward to sharing their histories. He studied Landscape Horticulture Tech at Humber College and teaches Indigenous Agriculture Techniques at University of Toronto. He incorporates his education and traditional First Nations farming to grow great crops, teach others, and do his part in saving the Earth.



**Sarah Winterton** is an environmental consultant and will talk about the many environmental initiatives that allow gardeners to heal the land, promote the spirit of reconciliation and become a land steward. She will share examples on creation of wildlife corridors, protecting the drinking water in the Great Lakes Basin, boosting soil health, and climate-smart neighbourhoods for 25% of Canadians.



**Dr. Sundaura Alford-Purvis** is an Accredited Organic Land Care Practitioner through the Society of Organic Urban Land care as well as a Board member for Landscape Ontario. She teaches horticultural Industries at Algonquin College. She has created a self-assessment tool for gardeners to identify opportunities to increase ecological sustainability and regeneration. In her talk, she will share ways to simplify the steps needed to move towards sustainability and actively re-introduce the right native plant to the right location to create healthy landscapes.

We thank our sponsor for their generous support

